

# Bassin d'Arcachon

*1 week holiday*

WHERE TO START ?





## DAY 1

### *morning*

#### **In Arcachon**

- Walk or cycle the waterfront from the port to the Moulleau jetty.
- Take a guided tour or hop on the tourist train to discover the Ville d'Hiver, the picturesque winter quarter with its sumptuous nineteenth century villas.



Program suggestions require checking with the Tourist Offices to confirm daily availability.

### *afternoon*

#### **The Dune du Pilat (La Teste de Buch)**

- Climb the dune and walk its entire length (2.9 km), then return via the beach, making a magnificent off-trail circuit.
- Take advantage of the free nature activities on offer from April to September. See the Dune Info Point (+33 5 56 22 12 85).
- Take flight with paragliding.



## DAY 2

### *morning*

**The oyster-farming villages on the Lège-Cap Ferret peninsula**

By bicycle for a stroll through the fishing district with a stop at the Cap Ferret lighthouse or through the oyster-farming villages of L'Herbe and Canon ...

Enjoy the oysters from our villages.

### *afternoon*

**Tour the Ile aux Oiseaux (Island of Birds)**

This is where you will see the famous cabanes tchanquées (stilted cabins)! Because it can go everywhere, the sea kayak is the best way to get a close-up view. Or board a boat tour from the jetties at Bélisaire, Canon, or Grand Piquey (Lège-Cap Ferret).



•• We INVITE YOU TO  
DISCOVER THE NATURE  
AREAS WITH THOSE WHO  
TAKE CARE OF THEM! ••  
[@bassindarcachon](#)

## DAY 3

### *morning*

#### **The Ornithological Reserve of Le Teich**

A 2.5 or 6 km walking trail, dotted with observation huts.  
Independent or guided visits during the day or at twilight (+33 5 24 73 37 33).

### *afternoon*

#### **The River Leyre and its delta (Le Teich and Biganos)**

Discover on foot, bicycle, or canoe-kayak. Also by boat, along the ports of Biganos, or by stand up paddle or license-free electric boat from the port of Le Teich.



## DAY 4

### *at dawn*

**Experience the fish auction market**

Mondays and Thursdays at 6:30 a.m. with a guide at the Arcachon fishing port (by registration +33 5 57 52 97 97).

### *morning*

**Discover our oyster ports**

On foot or by bicycle, stroll among the colourful wooden huts at the ports of Gujan-Mestras, pay a visit to the Maison de l'Huître museum (Larros port, Gujan-Mestras) to learn all about this pearl of the Bay (+33 5 56 66 23 71).

### *afternoon*

**Embark with fishermen and oyster farmers on board their boats.**

Departure according to the tides.

*Book directly with authorized sea personnel: a list is available at the Maison de l'Huître museum (Larros port, Gujan-Mestras) or in the Bay's various Tourist Offices.*



## DAY 5

### *morning*

#### Browse the Bassin on foot or by bicycle

- In addition to guided walking tours offered by the Tourist Offices, you can get the guidebook «Le tour du Bassin à pied» (Bay walking tour guide, 8 €) to discover GR (Grandes Randonnées) walking routes. This tour of the Bay partly follows the coastal path, the Saint-Jacques-de-Compostelle path, the oyster-farming ports and other remarkable sites.
- Discover the Bay's towns thanks to a network of more than 220 km of cycling paths.

### *afternoon*

#### Take the plunge

- More than 40 km of beaches on the open ocean (Grand Crohot in Lège-Cap Ferret, La Salie in La Teste de Buch ...). Ideal for challenging the waves!
- At the Bay's beach fronts during high tide or in tranquillity at Lake Cazaux.
- In Le Teich, Audenge, Lanton and Arès, designated patrolled swimming areas, ideal when the tide is low !





## DAY 6

### *morning*

Each day, a market awaits you in one of our towns!

Shopping is also part of a true holiday, take advantage of this free time to enjoy an ice cream at the foot of one of our jetties: Arcachon, Moulleau, Cap Ferret or Andernos-les-Bains with its lively town center and shops open all year long. Don't miss the pier promenade, the longest in France!



### *nachmittag*

Have fun in our attraction and theme parks

Gujan-Mestras Bassin des Loisirs (leisure parks: Aqualand, la Coccinelle, Kid Park, Max'Golf, Bassin Aventures, Bowling, Laser Lander); Escalad'Parc in Andernos-les-Bains; Parc de Loisirs du Four (leisure park) in Lège-Cap Ferret; Karting in Biganos; Bassin d'Arcachon Zoo; Padel Touch in La Teste de Buch, or T en Leyre, Drone Univers and Lakecity in Mios.



## DAY 7

### *get away for the day*

To an island of fine sand and lagoon colours:  
**The Banc d'Arguin «Nature Reserve»**

Play Robinson Crusoe under the watchful care of the SEPANSO nature protection society (Weekends in June and September and every day in July-August).

*Note: some areas of the sandbank are not accessible to the public (highly protected ornithological area)*

### *or, get off the beaten path*

**With a nature walk**

- In the heart of the Teste-de-Buch salt marshes, the Domaine de Fleury in Le Teich, in the Domaines de Certes-Graveyron in Audenge and Lanton, in Saint-Brice-Les-Quinconces in Andernos-les-Bains and Arès, the Reservoirs of Piraillan, in the Réserve des Prés Salés (salt marsh reserves) of Arès and Lège.
- Crab fishing from the port at Audenge in the heart of the Bassin, and from the beach pier in Andernos-les-Bains



# INSIDER TIPS:



## BY BICYCLE ... USING YOUR PHONE:

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Find bike rentals, calculate your itinerary, and find recommended tours on the website  
**[www.bassin-arcachon.com/en](http://www.bassin-arcachon.com/en)**

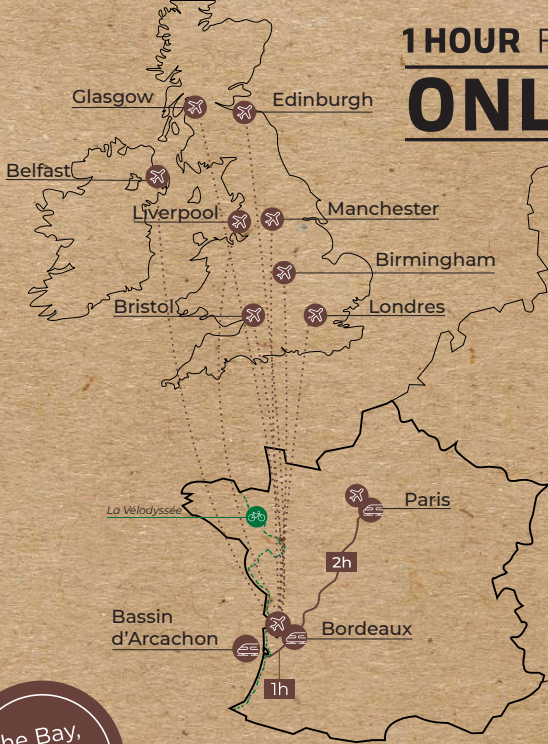


## LOG IN:

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**ONLY 1 BAY**



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I share it!

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